

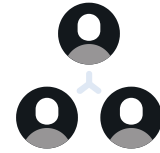
TRUCK DRIVERS



Plan your route, rest and truck stop locations.



Check state & territory border restrictions & paperwork requirements.



Practice social distancing - avoid handshakes, use tap & pay instead of cash.



Keep work areas clean - steering wheel, dashboard, door handles, screens, fuel bowser.



Clean & disinfect frequently used items - mobile phones, keys, wallet.



Wash your hands regularly, use hand sanitiser. Clean hands before handling paperwork.



Cover your coughs and sneezes with your elbow or tissue.



Increase the amount of fresh air - open the window, adjust air conditioning.



Seek medical assistance if you display any symptoms.



COVID-19 SAFETY PRACTICES